

July 2019



Managed by Presbyterian Villages of MI



Safety Tips for Summer

-Please remember to lock your cars, and do not leave valuables in plain sight.

-Please report any suspicious activities, loitering, or trespassing.

-Please do not let non-residents in the building.



Walk to End Alzheimer's Fundraisers

The Walk to End Alzheimer's fundraising season has begun! Here are some of the fun events we've had or have scheduled over the summer.

June

Penny Wars (pictured bottom left) The Residents at McFarlan Home won, and the event collected \$48.36!

Yard and Bake Sale Held on June 13th, this event welcomed the community, family members, and residents alike, who were treated with Happy Hour, entertainment, and yummy goodies for a good cause!

July

Bracelets and Ribbons for Sale
Throughout the summer, Walk to
End Alzheimer's bracelets and
ribbons will be available for
purchase, subject to availability.
Please check with your office to
see if they have some in stock!

August

Dunk Tank and Lemonade
Stand On August 30th, McFarlan
Home will host a dunk tank and
lemonade stand fundraiser.
Come out for a fun time!

<u>September</u>

World Alzheimer's Day Saturday, September 21st Walk to End Alzheimer's

(Genesee County) Saturday, September 28th

Staff will be participating in various fundraising events throughout the summer as well, things like Jean Fridays and Wear Purple Days!

Lastly, we'd love it if you'd join the McFarlan Villages Walk to End Alzheimer's team. Even if you aren't able to walk, you can sign up to support! Simply visit us at bit.ly/mcfarlanvillagesalzwalk to join! Please see the office if you have any more questions.

July Dates to Remember

7/1 Canada Day

7/4 Independence Day

7/6 Int'l Kissing Day

7/10 Nat'l Piña Colada Day

7/11 Cheer Up the Lonely Day

7/17 Nat'l Hot Dog Day

7/21 Nat'l Ice Cream Day7/30 Int'l Day of Friendship

McFarlan Home

Front Desk Phone 810-235-3077

Court Street Village

Office Phone (East) 810-239-4400 Office Phone (West) 810-239-4700

Salon (Court Street Village)

810-577-5433

(Tuesdays Only, By Appointment)

After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392 800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

- 1. Visit our website for information about our properties at mcfarlanvillages.org.
- 2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We're getting close to 200 likes—like us to join the fun!
- 3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to mfrey@pvm.org.



Resident Spotlight



Gloria Goforth, a newer resident at McFarlan Home, was born in Ozona, Texas, on December 18th, 1934. Growing up, she loved dancing, singing, and even

driving! She graduated from Ozona High School in 1953 and went on to become a bookkeeper for Buick. Gloria has three children, six grandchildren, and five great-grandchildren. She loves embroidery, knitting, and crochet, as well as watching her favorite movie, Titanic, and her favorite TV show, Judge Judy!





MTA Bus Schedule (Court Street Village)

Meijer Mon, 12:45pm Walmart (Belsay) Thurs, 10am Kroger/Walmart (Corunna) Fri, 9am

Frankie's Place Convenience Store (Court Street Village)

Mon, Wed, and Fri 11:30am-2:30pm









Volunteer Feature

Resident Liaison

Florence Taylor, James Riely, Roosevelt Mitchner, Shane Dawson, Thelma Mull, Wendall Moore Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, William Wanbaugh

<u>Outdoor Beautification</u>

Annie Wilson, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas

James Humpert, Richard McCoy <u>Community-Improvement Research</u> Karen Lyons

West-Office Volunteers

James Humpert, Karen Lyons Resident-Event Volunteers

Betty Lott, Bettye Brown, Charles

Henderson, Florence Taylor, Jeanette Johnson, Karen Johnson, Shane Dawson, Sharla Wilbanks, Thelma Mull <u>Community-Flyer Distribution</u> Helen Hodorovich, Linda Morris, Richard McCoy

<u>Community-Closet Staff</u> Helen Hodorovich, Lavena Colley, Ruth Youngs

<u>Children-Center Staff</u> Cindy Duffie, Lavena Colley





Employee of the Month



Congratulations to Jaina McNalley, our June Employee of the Month! We sat down with Jaina, the Receptionist at McFarlan Court

Street Village, to ask her a few questions about her life and her work here.

What do you love most about your position here?

First and foremost, I love my residents. I also love that every day is different.

What motivates you?

Helping and giving assistance to residents. Without them, I wouldn't be here!

What are your hobbies?

I have four kids — so I don't have any hobbies! I'm a mom and wife, and I keep busy with school events and sports. And family time is very important to me.

What have you learned most in your position here?

I've learned to be a more patient and compassionate person. I've grown in so many different aspects!

What are your goals?

I love to travel and would try anywhere! I also would like to go back to college. I want to stay involved with seniors!





Energy Efficiency Program

McFarlan Home has started an energy efficiency program to help reduce costs and lower our environmental footprint. We are changing all the lights at McFarlan Home to LED bulbs — it's a time-consuming process to upgrade, but we're saving money by doing it internally.

The project has been rolling out in phases, addressing hallways, resident rooms, offices, etc., separately as each phase progresses. Mitch Franklin, the maintenance technician at McFarlan Home, estimates that the switch-over should be completed by the end of the year.

Kelly Price, the Administrator at McFarlan Home, talked about the other benefits of the improvements. She said the program not only reduces costs, but it also "increases sleep efficiency, reduces depression, and reduces agitation" over a six-month period. So the residents and staff benefit, too!

The program is through Consumers Energy, and we are excited to know that we are doing our part to help save the earth!

RESIDENT SHINING STAR









Welcome!



Hello, Everyone!
My name is Marisa
Osborn, and I am very
excited to be the new
Wellness Coordinator
for McFarlan Home!

I am a recent graduate from the University of Michigan-Flint where I got my bachelor's degree in Public Health and Health Administration. I am from the very small town of Byron, Michigan, where I still live now with my two cats.

When I am not working, I love to do anything outdoors and especially enjoy visiting my family in the Upper Peninsula to go hiking or snowmobiling. I worked in this field throughout college as a Resident Aide and am very happy to be starting here at McFarlan with this different role.

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Edinger (East)	Towner (East)	3	Independence 4 Day	5	Thompson (West)
7	8	9 Lynch (West) Youngs (McFarlan)	10	11	12	Simpson (West)
Long (East) McMullan (West) Scroggins (West)	15	16	Denson (McFarlan)	18	19	Greene (West)
Crockerham (West) Gardner (East) Riker (East)	22	Williams (West)	Davenport (West) Knott (East)	25	26	27
Farah (McFarlan) Reese (East)	29 Kentz (West)	Balknight (West) Graves (East)	Russell (West) Taylor (West)	U	JULY	



