

9/2-8

9/29

September 2018







Managed by Presbyterian Villages of MI

Senior Summer Camp At McFarlan Villages!!





September Dates to Remember

Nat'l Waffle Week

9/3 Labor Day 9/5 Nat'l Cheese Pizza Day 9/9 Grandparents Day 9/10 Nat'l Boss Day 9/21 World Alzheimer's Dav 9/22 Nat'l Centenarians Day 9/23-29 **Active Aging Week**



Nat'l Coffee Day

Walk to End Alzheimer's

On Saturday, September 29th, McFarlan Villages will be participating in the Walk to End Alzheimer's, located at Creasev Bicentennial Park in Grand Blanc. Registration begins at 10am please come out to support this important cause!



Congratulations, Brittany!

Congratulations to Brittany Harvey on her recent promotion to Lead Wellness Coordinator! In her new role, Brittany will be leading the wellness function for the Village.

Brittany comes to us with many years of varied experience in senior living and a degree in Healthcare Administration from the University of Michigan, Flint. She has also been accepted to their master's program at U of M!

Please join us in congratulating her on this new position.





McFarlan Home

Front Desk Phone 810-235-3077

Court Street Village

Office Phone (East) 810-239-4400 Office Phone (West) 810-239-4700

After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392 800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

- 1. Visit our website for information about our properties at mcfarlanvillages.org.
- 2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just blew past 150 likes—like us to join the fun!
- 3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to mfrey@pvm.org.



National Assisted Living Week

McFarlan Home is proud to be celebrating National Assisted Living Week this year! We have a fun-filled week planned to go along with the *Capture the Moment* theme. Please celebrate with McFarlan Home by acknowledging our residents, staff, and families.

Check the McFarlan Home calendar to see the many activities we have planned. We'd love to have you!



MTA Bus Schedule (Court Street Village)

Meijer Mon, 12:45pm Walmart (Belsay) Thurs, 10am Kroger/Walmart (Corunna) Fri, 9am

McFarlan Villages

West Store Hours (Court Street Village)

Mon, Wed, and Fri 11:30am-2:30pm





Our Town, Our Story

McFarlan Villages celebrates being in the heart of downtown Flint. Like Detroit, Flint is in the midst of a renaissance, growing and improving every day. The revitalization is changing how people see Flint. There are new people moving from other communities to the city to experience what we who live here have known all along—Flint is great!

Flint is also a city that supports aging with great public transportation to area stores, Crim walking and running groups, and bustling senior-community

centers.

Everyone who calls Flint home must work together to spread the news of its greatness. Let us shine our lights so brightly that we outshine all the others. Let us make it so that when people see the Downtown-Flint sign they want their memories made here, in our town. Let us make it so that they want Flint to be a part of their story.

Change the culture in your own way. Be teachers of kindness, patience, and understanding. Live your best life, be the best version of yourself, and others will follow your example.

Lucky are we to be the authors of our stories; write yours with no regret. Jana Newton Admin, Assistant



We Love Our Volunteers at McFarlan Villages!!!

Our volunteer program at McFarlan Villages is going strong! We have so many residents who volunteer their time to make our community better. The residents listed below give of their time to make where they live the best place to be!

The benefits of volunteering are endless! Volunteerism is an important part of living a healthy life.

Try it for yourself! If you are interested in volunteering, please see Brittany Harvey.





Resident Liaison

Florence Taylor James Riely Roosevelt Mitchner Thelma Mull Vershann Dawson Wendall Moore

Indoor Beautification

Angela Barrett Kathleen Knott Lillie Green Rose Yarlbrough William Wanbaugh

Outdoor Beautification

James Humpert

James Riley Jeanette Johnson Thelma Mull William Wanbaugh

Coffee Baristas

Phillip Hairston Richard McCoy

Community Improvement Research

Karen Lyons

Resident Event Volunteers

Angela Barrett Arthur Romel Florence Taylor Jeanette Johnson Sharla Wilbanks Thelma Mull Vershann Dawson

Community Flyer Distribution

Janice Villalpando Richard McCoy

Community Closet Staff

Helen Hodorovich Lavena Colley Ruth Youngs

Children Center Staff

Bertha Denson Charlotte Williams Cindy Duffie Juliette Farah Lavena Colley Ruth Youngs

Flint Humane Society Dog Treat

Makers

Arlene Chizmadia Beverly Vickerman Cindy Duffie **Empress Uribe** Helen Hodorovich Lavena Colley Lois Eaker Lucy Myers Ruth Youngs Shirley Kelly Shirley Weiss





Philanthropy



You Can Help **McFarlan Seniors** in Need

Did you know that McFarlan is a nonprofit organization that receives no subsidy from the federal government? McFarlan uses philanthropy to provide affordable housing and care for residents. If you would like to support our benevolence fund or bequeath funds to McFarlan, please contact Erica Thrash-Sall at (586) 871-3256.



September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September Birthdays!						1 Latimer (West)
Gardner (East) Wright (West)	Labor Day 3 Blade (East) Hall (West) Penamon (East) Riley (East)	4	5	6	7 Farris (East) Mustafah (West)	Ketchpaw (East) Moncrief (West)
9 Smith (West)	10	11	12	13	14	15
16	17	18 Cobbin (McFarlan)	Hehn (McFarlan) Minous (East)	20	21	Autumnal 22 Equinox First Day of Fall
23/30 Gamboa (West) (23) Phillips (East) (30)	Johnson (West)	25	26 McDonald (East)	27	28 Koger (McFarlan)	Walk to End 29 Alz



